



One of the amazing views on the Eagle View Walk

## Combine your love of walking with raising funds for a charitable cause!

Enjoy a spring day in the John Forrest National Park, taking in the fresh air and beautiful views, along with good company.

Join us on the undulating 15km Eagle View Walk to raise funds for Mukti Mission in India and The Leprosy Mission's project in Nigeria.

The Eagle View circuit walk around John Forrest National Park offers great views across the Swan Coastal Plain to Perth city and the ocean in the distance. The trail is a bushwalker's delight, covering a variety of relatively pristine habitats, passing beautiful waterfalls and boasting spectacular wildflower displays in spring.

Ask friends, family or colleagues to sponsor you, and join the walk. It promises to be a day of great company and wholesome exercise as we put some FUN into FUNdraising!

**WHEN?** Saturday 19 September 2020. We will meet at the Ranger's Office at 8:45am. Drive in from Park Road off Great Eastern Hwy, which is 28km (30 minutes) east of Perth. The walk will commence at 9:00am.

**WHO?** Anyone with a reasonable level of fitness and a good pair of hiking shoes or boots.

**WHY?** Both Mukti Mission and The Leprosy Mission are doing amazing work on behalf of people who are disadvantaged and marginalised. Every dollar raised will go to assist the projects detailed below.

**DISTANCE:** Length is 15km (Loop), with a total of 350 metre rise. It takes 5-6 hours including breaks and view stops. Bush Walk: Grade 3. Suitable for most ages and fitness levels. Some bushwalking experience recommended. The track may have short steep hill sections and a rough surface. Moderate level of fitness and experience required. Park entrance fee: \$15 per vehicle or \$8 for Seniors. A shorter walk circuit is also available for the less fit. Ask us for more information.

**CONTACTS:** Peter Warren 0417 916 323 Email: [peter@mukti.org.au](mailto:peter@mukti.org.au)

Heather Newton 0400 623 776 Email: [heathern@tpg.com.au](mailto:heathern@tpg.com.au)



[www.mukti.org.au](http://www.mukti.org.au)

Funds raised for Mukti Australia will go towards upgrading the internet and computer equipment at Pandita Ramabai Mukti Mission's schools in Pune District of Maharashtra, India, as they team up with Scotch College Perth for the provision of increased online learning capacity. Mukti Mission has been empowering vulnerable women and children in India since 1889 *(More info overleaf)*



[www.leprosymission.org.au](http://www.leprosymission.org.au)

Funds raised for The Leprosy Mission will go towards providing one or more Community Toilet Blocks for people in Nigeria who have been affected by leprosy. Many communities don't have toilets. Poor sanitation leads to sickness and disease, and in particular can affect babies and young children. Toilets can lead to a healthier lifestyle, increased school attendance and improved work opportunities. *(More info overleaf)*



## MORE ABOUT EAGLE VIEW WALK:

Here's a link to the printable map: <https://trails.wa.com.au/trails/eagles-view-walk/print>

We can pick up a brochure/ map at the Ranger's Office, where we will log in before and log off afterward the walk.

### In your day pack bring:

- Minimum 2 litres of water per person for the day
- Snacks and lunch, can include small thermos of coffee
- Sturdy worn-in shoes

- Sun hat
- Sunglasses, sunscreen (30+) and insect repellent
- Binoculars and camera (optional)
- Clothes to suit the activity and potential weather conditions including a water/windproof jacket, wear layers
- Small First Aid kit (Heather will carry one)
- Hiking pole if you like to use one
- Spare dry clothes in the car if it may rain

FOR MORE INFO CONTACT: Peter Warren 0417 916323 Heather Newton 0400 623 776



Since 1889, Pandita Ramabai Mukti Mission has been rescuing and empowering vulnerable women and children in India.

**MUKTI AUSTRALIA** is the Australian partner of Pandita Ramabai Mukti Mission, raising support for the Mission's work across India

At the main Mukti campus in Pune District of Maharashtra, there are three schools: The Primary School conducts most lessons in the local Marathi language, as do the High School & Junior College. There is also an English-medium school (years K-10), at which most lessons are in English. The schools are populated not only by hundreds of resident children at Mukti, but also many hundreds more from the surrounding community. They all receive quality education but resources are limited. Funds raised for Mukti from this walk will go towards providing enhanced IT equipment and educational resources for these schools.

To support Peter Warren's fundraising page go to [www.facebook.com/peter.warren.77770](http://www.facebook.com/peter.warren.77770)

Or join the walk and create your own fundraiser via your Facebook page.

Donations can also be made online: [www.org.au/give-to-mukti/support-a-project/](http://www.org.au/give-to-mukti/support-a-project/)



[www.leprosymission.org.au](http://www.leprosymission.org.au)

The Leprosy Mission was founded in 1874 by Wellesley and Alice Bailey, and their friends the Pim sisters, to provide holistic support to people affected by leprosy. After more than 140 years, The Leprosy Mission is still committed to this central work.

It is the largest and oldest leprosy-focused organisation in the world.

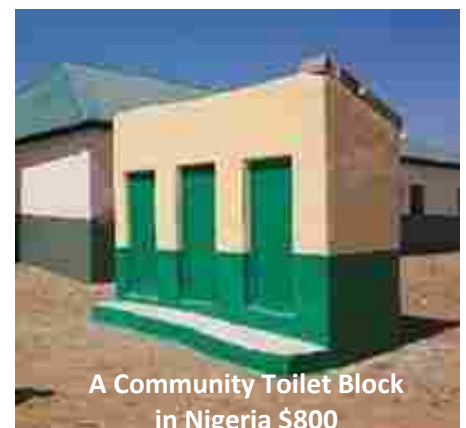
**Leprosy:** Every 2 minutes, sadly, someone is still diagnosed with leprosy. The disease affects nerves, muscles and feeling in the hands, feet and face. Medication is available to cure leprosy, but stigma remains.

A toilet block in the community will assist all people there and decrease stigma for those affected by leprosy.

Please support **Heather Newton** in raising funds for this directly, via Facebook: [Heather Newton](https://www.facebook.com/HeatherNewton) (or you can fundraise via your own Facebook page).

or give directly to The Leprosy Mission Australia, 37 Ellingworth Parade, Box Hill VIC 3128. Phone: (03) 9890 0577.

[www.leprosymission.org.au/give-now-landing-page/](http://www.leprosymission.org.au/give-now-landing-page/)



A Community Toilet Block for people in Nigeria who have been affected by leprosy. Many communities don't have toilets. Poor sanitation leads to sickness and disease, and in particular can affect babies and young children. Toilets can lead to a healthier lifestyle, increased school attendance and improved work opportunities.